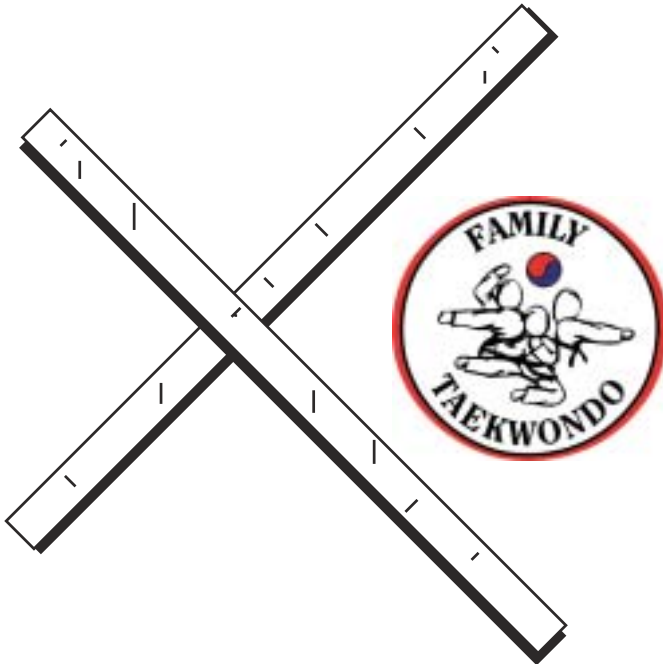


Escrima Seminar

Friday October 28th

7 pm - 9 pm

All Inquiries Call
(707) 838-3644



Location: Hauth's Taekwondo
8890 Lakewood Dr
Windsor, CA 95492

What you will learn

- ✓ Pressure Points & Joint Manipulation
- ✓ Takedowns
- ✓ Break-a-ways
- ✓ Translations to empty hand
- ✓ Counter to Counter drills
- ✓ Punch Defense
- ✓ Grab Defense
- ✓ Choke Defense

Time: 7 pm - 9 pm

Eligible participants: Black Belts --- Space limited!

REGISTRATION FORM

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
PHONE _____ # OF PEOPLE _____ STICKS Y N